

CARE: Tribal Advocate Program Development Institute
Cultural Advocacy for Resilience and Empowerment

Day 1	
Time	Activity
8:00 – 8:45	Welcome and Introductions <i>Overview of our work together</i>
8:45 – 9:15	Why Are We Doing This Work? <i>Safety and healing</i>
9:15 – 10:00	Building our Core Foundation: Guiding Tribal Values <i>Drawing from our culture in our work</i>
10:00 – 10:15	Break
10:15– 11:30	Building our Core Foundation: Ethics <i>Guiding advocate actions and practices</i>
11:30 – 12:15	Building our Core Foundation: Love Languages <i>Carrying our values in our work</i>
12:15 – 1:45	Lunch (On Your Own)
1:45 – 2:30	Guided By Survivors <i>Formal and informal processes</i>
2:30 – 3:15	Mapping <i>Examining resources to enhance the program</i>
3:15 – 3:30	Break
3:30 – 4:15	Vicarious Trauma and Compassion Fatigue <i>The importance of a care culture</i>
4:15 – 4:45	Vision Tree Work
4:45 – 5:00	Closing Circle

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Day 2	
Time	Activity
9:00 – 9:15	Yesterday and Today
09:15 – 10:15	Core Program Components • <i>Crisis program</i> • <i>Safety</i> • <i>Recovery from violence</i>
10:15 – 10:30	Break
10:30 – 12:15	Program Responsibilities • <i>To Survivors</i> • <i>To community</i> • <i>To supporters</i>
12:15 – 1:45	Lunch (On your own)
1:45 – 3:00	Transformational Change and Empowerment Work • <i>Healing and recovery work with Survivors</i> • <i>Building Survivor led personal change</i>
3:00 – 3:15	Break
3:15 – 4:00	Creating an Environment with Intention • <i>What spirit will your program hold?</i>
4:00 – 4:30	Vision Tree Work
4:30 – 5:00	Closing Circle

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Day 3	
Time	Activity
9:00 – 9:30	Yesterday and Today
9:30 – 10:30	Program Leadership • <i>What does it mean to lead?</i> • <i>How do we carry this forward?</i>
10:30 – 10:45	Break
10:45– 12:00	Role of the Advocate • <i>Limits and boundaries</i>
12:00 – 1:30	Lunch (on your own)
1:30 – 2:30	Staff Capacity • <i>Building your team</i> • <i>Building their skills</i>
2:30 – 2:45	Break
2:45 – 3:45	Managing Conflict and Other Hard Things • <i>Dealing with the tough stuff</i>
3:45 – 4:15	Vision Tree Work
4:15 – 4:30	Closing Circle

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Day 4	
Time	Activity
9:00 – 9:15	Yesterday and Today
9:15 – 9:45	Intro to Policies and Protocols
9:45 – 10:30	Working with Guardrails: Core Policies and Protocols <i>Building our framework</i>
10:30 – 10:45	Break
10:45 – 12:00	Working with Guardrails: continued <i>Program requirements and compliance</i>
12:00 – 1:30	Lunch (on your own)
1:30 – 2:15	Vicarious Trauma and Self-Care <i>Care and support</i>
2:15 – 3:45	Managing for Systems Change <i>Structural</i> <i>Relational</i> <i>Transformative</i>
3:00 – 3:15	Break
3:15 – 3:45	Managing for Systems Change, continued
3:45 – 4:15	Vision Tree Work
4:15– 4:30	Closing Circle

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Day 5	
Time	Activity
9:00 – 9:15	Yesterday And Today
9:15 – 10:00	Program Evaluations <i>How do we know if our program is working?</i>
10:00 – 10:15	Break
10:15 – 11:00	Telling Your Story • <i>Educating leadership, community, funders</i> • <i>Breaking through apathy</i>
11:00 – 12:00	Program Implementation
12:00 – 1:30	Lunch
1:30 – 2:15	Program Implementation, continued
2:30 – 3:15	Vision Tree Work • Planning and sharing
3:15 – 3:30	Closing Circle