

Children and Youth Domestic Violence Safety Planning Worksheet

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If you leave:

	You	Children/Youth
This is the evacuation plan:		
These are things to pack in the escape bag:		
This is where the escape bag will be kept:		
These are safe places to stay (list at least 2 places):		
These are phone numbers needed:		
These are documents to make copies of for the escape bag:		
These are ways to feel better emotionally or to deal with triggers:		
These are safety and emergency skills to teach the children:		
These are routines that may need to change:		
This is what to do when the ex-partner calls or shows up:		

**Special considerations: pets, special supplies, medications, special needs/disabilities, LGBT needs...*

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