

National Tribal Advocate Center  
April 20-24, 2020 | Colorado Springs, Colorado  
40-Hour Sexual Assault Advocate Tribal Institute

DAY 1 – MONDAY

|               |  |
|---------------|--|
| 7:30 – 8:00   | Registration   |
| 8:00 – 8:45   | Welcome and Introductions  |
| 8:45 – 9:15   | Historical Context for Sexual Violence Against Native Women <ul style="list-style-type: none"><li>• <i>Prevalence</i></li><li>• <i>Root causes</i></li></ul>   |
| 9:15 – 10:00  | Traditional Beliefs about Women  |
| 10:00 – 10:15 | BREAK  |
| 10:15 – 12:00 | Overview of Sexual Assault <ul style="list-style-type: none"><li>• <i>Definition of sexual assault</i></li><li>• <i>Survivors understanding of sexual assault</i></li><li>• <i>Power and control</i></li></ul> |
| 12:00 – 1:30  | LUNCH (on your own)  |
| 1:30 – 2:45   | Sexual Assault Myths and Facts   |
| 2:45 – 3:00   | BREAK  |
| 3:00 – 4:00   | Overview of Sexual Assault, continued <ul style="list-style-type: none"><li>• <i>Physical, emotional, social effects</i></li><li>• <i>Spiritual effects</i></li><li>• <i>Legal impacts</i></li></ul>           |
| 4:00 – 5:00   | Justice for the Victim <ul style="list-style-type: none"><li>• <i>Options for care, options for response</i></li><li>• <i>Victim/Survivor autonomy</i></li></ul>   |
| 5:00 – 5:30   | Closing CIRCLE   |
|               | Homework   |

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DAY 2 – TUESDAY

|               |  |
|---------------|--|
| 8:00 – 8:15   | Yesterday and today  |
| 8:15– 9:15    | Sexual Assault Advocacy <ul style="list-style-type: none"><li>• <i>Role of the Advocate</i></li></ul>  |
| 9:15 – 10:00  | Crisis Intervention <ul style="list-style-type: none"><li>• <i>Call-out / accompaniment</i></li><li>• <i>Needs and safety assessment</i></li></ul>   |
| 10:00 – 10:15 | BREAK  |
| 10:15 – 11:00 | Crisis Intervention, continued   |
| 11:00 – 11:45 | Confidentiality <ul style="list-style-type: none"><li>• <i>Defining confidentiality</i></li><li>• <i>Documentation</i></li><li>• <i>Exceptions of confidentiality</i></li></ul>                            |
| 11:45 – 1:15  | LUNCH (on your own)  |
| 1:15 – 2:15   | Safety Planning <ul style="list-style-type: none"><li>• <i>Immediate and Long-term Safety Planning</i></li><li>• <i>Trauma Response/Triggers</i></li></ul>   |
| 2:15 – 3:00   | Cultural/Traditional/Conventional Supports <ul style="list-style-type: none"><li>• <i>Access to traditional healing</i></li><li>• <i>Cross cultural response</i></li><li>• <i>Long-term care</i></li></ul> |
| 3:00 – 3:15   | BREAK  |
| 3:15 – 4:00   | Intervention with Significant Others   |
| 4:00 – 5:00   | Advocate Response  |
| 5:00 – 5:30   | CLOSING Circle   |

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DAY 3 – WEDNESDAY

|               |   |
|---------------|---|
| 8:00 – 8:15   | Yesterday and today   |
| 8:15 – 10:15  | Special Populations   |
| 10:15 – 10:30 | BREAK   |
| 10:30 – 12:00 | Sexual Assault Medical Forensic Examination <ul style="list-style-type: none"><li>• <i>Overview of a medical forensic exam</i></li><li>• <i>Informed consent</i></li><li>• <i>Blood tests, STI treatment</i></li></ul>              |
| 12:00 – 1:00  | WORKING LUNCH   |
| 1:00 – 1:15   | BREAK   |
| 1:15 – 2:15   | Compassion Fatigue/Self Care <ul style="list-style-type: none"><li>• <i>Survivors as Advocates</i></li></ul>  |
| 2:15 – 3:00   | Challenging Issues <ul style="list-style-type: none"><li>• <i>Interconnected Relationships</i></li><li>• <i>Alcohol and Drug Use</i></li><li>• <i>System Interventions</i></li><li>• <i>Discrimination and Oppression</i></li></ul> |
| 3:00 – 3:30   | CLOSING Circle  |
|               | Homework  |

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DAY 4 – THURSDAY

|               |   |
|---------------|---|
| 8:30 – 8:45   | Yesterday and today   |
| 8:45 – 9:30   | Challenging Issues <ul style="list-style-type: none"><li>• <i>Advocate Bias</i></li></ul>   |
| 9:30 – 10:00  | Federal Protections <ul style="list-style-type: none"><li>• Violence Against Women Act</li><li>• Tribal Law and Order Act</li></ul>   |
| 10:00 – 10:15 | BREAK   |
| 10:15 – 11:15 | Law Enforcement <ul style="list-style-type: none"><li>• <i>Tribal jurisdiction</i></li><li>• <i>Overview of the sexual assault investigation</i></li><li>• <i>Victim interviews</i></li><li>• <i>Role of Advocate and Victim Specialist</i></li></ul> |
| 11:15 – 11:45 | Sexual Assault Prosecution <ul style="list-style-type: none"><li>• <i>Process of prosecution</i></li></ul>  |
| 11:45 – 12:45 | WORKING LUNCH   |
| 12:45 – 1:00  | BREAK   |
| 1:00 – 2:15   | Tribal Sexual Assault Response <ul style="list-style-type: none"><li>• <i>Understanding the Multiple Responders</i></li><li>• <i>Tribal, federal, non-native practitioners</i></li></ul>  |
| 2:15 – 2:30   | BREAK   |
| 2:30 – 4:00   | Tribal Sexual Assault Response Scenarios  |
| 4:00 – 4:30   | Closing CIRCLE  |

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DAY 5 – FRIDAY

|               |   |
|---------------|---|
| 8:30 – 8:45   | Yesterday and today   |
| 8:45 – 9:15   | Victim Rights and Remedies  |
| 9:15 – 10:15  | Tribal/Community Resources <ul style="list-style-type: none"><li>• <i>Mapping work continued</i></li></ul>        |
| 10:15 – 10:30 | BREAK   |
| 10:30 – 11:15 | Compassion Fatigue and Self-Care <ul style="list-style-type: none"><li>• <i>Four Dimensions of Care</i></li></ul> |
| 11:15 – 12:00 | Review  |
| 12:00 – 12:30 | Closing   |