

Children and Youth Exposed to Domestic Violence What are their needs?

Safety	Resiliency	Healing
Listen and ask questions	Attachment and Belonging	Be consistent so children and youth know what to expect
Age appropriate Safety Planning	Interests and Talents	Give them permission to tell their story
Protect battered mother and children as a UNIT and hold batterer accountable	Relationships with family, friends, and other trustworthy adults	Teach alternatives to violence, power, and control
Teach healthy coping skills	Escape from self-blame	Model nurturing behaviors

Isolation can be the glue that holds all other aspects of Domestic Violence together...

Give: Time, Encouragement, Support, Trust, Self-Care, Respect, Affection, Security, and